Winter Sport and Athletics Training
With the end of Summer sport this Saturday, training for Winter sports season starts next week. Many students will also be preparing for the GPS Athletics championships next term. Year 7 to 10 Students will start Winter sport preparation from Monday 18 March with timetabled sports sessions. Please see information below regarding your sons’ transition from Summer Sport to Winter Sport.

Please note the following:
- There are no after school sessions until Term 2.
- Students will need all winter training equipment including boots and mouthguards etc.
- The Athletics program will continue to run on Tuesday and Thursday mornings and selected athletes will compete each Saturday until the GPS Athletics competition on May 11.
- Winter Sports trials will be held on Saturday May 18th and Saturday May 25th before our 1st GPS winter Sports round on June 1.

Year 7 – Monday’s
Rugby and Cross Country - training at Christison Park. Buses will depart School at 1pm and return at 3pm.
Football training - University of NSW. Bus will depart school at 1pm and return at 3pm.
Rifle shooting and Rehab students remain at School.

Year 8 – Tuesday’s
Rugby and Cross Country - training at Christison Park. Buses will depart School at 1pm and return at 3pm.
Football training - University of NSW. Bus will depart school at 1pm and return at 3pm.
Rifle shooting and Rehab students remain at School.

Year 9 – Monday’s
All training for all sports is on the College grounds.
Year 10 – Tuesday’s
Rugby and Cross Country - training at Christison Park. Buses will depart School at 10:45am and return at 12.30pm
Football training - University of NSW. Bus will depart school at 10:45am and return at 12.30pm
Rifle shooting and Rehab students remain at School.

Year 11 & 12
Training for selected teams is organised through Directors of Sports. Rugby will train on the Main Oval and Football at Hensley Park.

Please ensure your son has appropriate equipment and clothing for these sessions. Please also note that the Annual House Athletics Carnival will be held on Wednesday March 20th from 2pm to 8pm.

Please email Melissa Berry m.berry@tsc.nsw.edu.au if you have any questions.